



The Sermon on the Mount / Week 6
Matthew 5:27-30 ESV

God created sex, it was his idea, and it is good.

- How has the Holy Spirit been working in your heart this week through the sermon and the passage? Where were you convicted, encouraged, or perhaps surprised?
- Did you identify an area that you have compromised in your sexual life, whether in the mind or acting it out? Would you speak to your spouse or a trusted friend of the same gender about it?
- How did Michael's personal story of struggles encourage you to confess your own struggles? Where do you need to find some accountability or mentorship with your own struggles?
- Has your sin ever been exposed, you were humiliated, yet someone showed you grace? Can you share this story?
- Your internal thoughts matter as much as your outward choices. Where does your inward thoughts and motives contradict your outward life?
- Have you identified people, things, or relationships that you lust after? Will you repent of this lust and confess this sin to God and others? Can you identify where your lusts are fabrications of the truth?
- How were the distinctions between your desires and attractions (not sin), then temptations (the battle ground), and then indulgence (sin) helpful to you? Were you relieved of some false condemnation in these areas?
- How can you/will you "ruthlessly root out" your specific areas of sexual sin? What can you practically do?
- Take Mental Inventory-Where does your mind go throughout the day?
- Identify your Traps-Name and find and share your specific areas of lust.
- Choose a new Path-Agree with God that you have sinned and repent. Move in a different direction with accountability, software on your devices, social media, or even avoiding certain people that you are tempted with. Accept God's forgiveness and seek to live in his freedom. Christ's forgiveness is greater than your sexual sin.
- Celebrate the Wins-Praise God for growth and each time you say no to sin.

For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ... 2 Corinthians 10:4-5.